

Beauty from the Rhythm of Life

Resources

By: Lapita Frewin

PDFs - [Google Drive Folder](#)

- *Navajo Native Dyes: Their Preparation and Use*, Nonabah G. Bryan

Suggested Readings

- [“Leading the Way--The Wisdom of the Navajo People”](#)
 - Monthly magazine
- [At’óhí Binaaltsoos \(The Weaver’s Book\)](#), Mary Walker, Liz Munk, Jennie Slick
- *Big Bird Visits Navajo Country*, Liza Alexander
- *Songs from the Loom: A Navajo Girl Learns to Weave*, Monty Roessel

Suggested Videos

- Connor Chee on [YouTube](#)
 - Navajo (Diné) pianist, inspired by weaving

Suggested Visits

- [Museum of Northern Arizona](#)
 - Works from weaver D.J Begay part of collection
 - [More information](#) from *The Educators’ Spin On It*
- [Nizhoni Ranch Gallery](#)
 - [Additional information](#) from *Arizona Highways*

Current Events

- [“Color Riot! How Color Changes Navajo Textiles”](#)
 - Heard Museum Exhibition, currently traveling