Guppy Group
March: Movement!

Ages 1-4
Welcome to Part 1 of your at-home Guppy Group activity! This section will be patterned after the Storytime Station at a regular Guppy Group event.

- Start by telling your Guppies that today we will be exploring movement! Ask your Guppy their favorite way to move! Do they like running? Jumping? Swimming? Dancing? Practice a few different movements together.

- After this introductory discussion, read *Lines That Wiggle* by Candace Whitman with your Guppy. Talk together about the different ways that the lines move in the book. Imitate those movements with your fingers as you go! If you don’t have this book on hand, you can watch this read-along version on YouTube: [https://www.youtube.com/watch?v=a1I03hHWGhM](https://www.youtube.com/watch?v=a1I03hHWGhM)

- If you are able to print, the following coloring page is available for you to complete with your Guppy.
Trace the lines to help the guppies find their way home!

Great Job! Which line was the hardest to follow?
Mystery Bag!

This section will be patterned after the Mystery Bag Station at a regular Guppy Group event.

- You can use any type of bag for this activity. Go through your house and find yarn, string, ribbons, or something similar.

- Place several ribbons in the bag. Then allow your Guppy to pull one ribbon out at a time. Explain that they will be using their ribbons to practice different movements. Holding their ribbons in their hand, practice moving them through the air.

- Ask your Guppy to draw a happy picture in the air. Working together, draw a happy picture with your ribbons. Can you draw a sad picture in the air? What about a silly picture? Or a silly one?

- Keep your ribbons for the next activity!
Art Project - Ribbon Wands!

The third section will be patterned after the Art-Making Station at a regular Guppy Group event.

- For this art project, you will need: a stick of some sort (popsicle stick, pencil, chopstick, etc); ribbons from previous activity; tape or hot glue.
- Begin by explaining to your Guppy that today they will be creating a magic wand!
- First, select which ribbons they want to include in their magic wand. Then use hot glue or tape to attach the ribbons to your stick (you can also tie them on if needed).
- See an example of a completed project below.
This fourth and last portion of your at-home Guppy Group activity is patterned after the Art Hunt Station of a normal Guppy Group event at the Museum.

- Begin this section by reviewing movement with your Guppy. Discuss together all the different ways they might move each day. Practice some simple movements together - maybe do some dancing!
- With your Guppy, go through the following images from the Museum’s permanent collection. Work together with your Guppy to find movement represented in each work of art. Move your hands or your bodies together in a way that mimics the movement in the artwork.

Thanks for participating! We hope you and your Guppy enjoyed learning about Movement with us! We hope to see you again for Guppy Group in September, whether in person at the Museum or digitally through online resources like this one. Thanks for your support of Museum programs!
Angel Botello, La Danse, 1957
John Blair Buswell, *Danny Ainge*, 1981
Hughes William Curtis, Rim Rock, 1961
Gary Ernest Smith, Youthful Games, 1984
Brian Kershisnik, *Flight Practice With Instructor*, 2000
Caitlin Connolly, *Mother Painting*, 2019
Vladimir Aleksandrovich Serov, *Portrait of Krasnosheeva, a Dancer in the Kirov Ballet*, 1948
The Guppy Song!

If you’ve brought your little ones along to Guppy Group before, chances are they might remember the Guppy Group song. If you’d like to sing it together, the words are included below. Sing along to this tune:

https://www.youtube.com/watch?v=g64qCr3Y_QU

One little Guppy
Swimming in the water,
Swimming in the water,
Swimming in the water
One little Guppy
Swimming in the water
Bubble, Bubble, Bubble, Bubble
POP!

(If you remember the associated hand motions, feel free to do those as well! Make sure to clap your hands together for the POP! Carry on to the next verse for as many numbers as you’d like.)